

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

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16

19

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22

23

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28

29

30

Ham & Cheese Hoagie
Shredded Lettuce
Garden Salad / Ranch
Doritos
Choice of Milk

Turkey & Cheese Sandwich
Cheetos
Banana
Sliced Cucumbers/ Carrots
Choice of Milk

Grilled Hamburgers
Shredded Lettuce / Tomatoes/ Pickles
Sun Chips
Mixed Fruit Salad
Choice of Milk

Pepperoni Pizza
Garden Salad
Applesauce
Choice of Milk

Three Cheese Sandwich
Dorito's
Broccoli Florets
Sliced Apples
Choice of Milk

Sub Sandwich
Shredded Lettuce/ Pickle Chips
Baby Carrots / Ranch
Bananas
Choice of Milk

Bologna & Yellow American cheese
Baked Lays Chips
Rice Krispy Treat
Fresh Apples
Choice of Milk

Grilled Hot Dogs
Tortilla Chips/ Salsa
Fruit Salad
Choice of Milk

Ham & Cheese Wrap
Hot Fries
Apple Juice
Baby Carrots/ Ranch
Choice of Milk

Turkey & Cheddar Kaiser
Shredded Lettuce/ Pickle Chips
Cinnamon Applesauce
Broccoli Florets/ Ranch
Choice of Milk

Sub Sandwich
Garden Salad / Ranch
Gold Fish
Orange Sorbet
Choice of Milk

Chicken Ranch Wrap
Honey Graham Bears
Baby Carrots/ Celery
Ranch Dressing
Choice of Milk

Grilled Chicken Sandwich
Dorito's
Shredded Lettuce/ Tomatoes
Fresh Orange
Choice of Milk

Cheese Pizza
Garden Salad / Ranch
Diced Peach Cup
Honey Graham Crackers
Choice of Milk

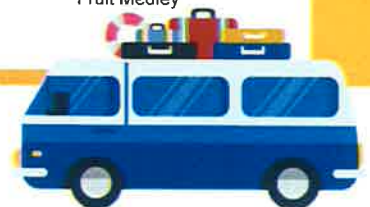
Chicken César Salad
Breadsticks
Chocolate Chip Cookie
Choice of Milk

Ham & Cheese Wrap
Rice Krispy Treat
Fresh Apple
Baby Carrots / ranch
Choice of Milk

Three Cheese Sandwich or
Peanut Butter & Jelly
Baked Chips
Sliced Apples
Choice of Milk

Cheeseburgers
Tortillas/ Salsa
Shredded Lettuce/ Pickles
Fruit Medley

Sunbutter & Jelly offered daily as alternative option



Monday

Tuesday

Wednesday

Thursday

Friday

[Enter Menu Items]

1

[Enter Menu Items]

2

[Enter Menu Items]

5

[Enter Menu Items]

6

Whole Grain Cinnamon Rolls
Honey Nut Cheerios
Fresh Banana
Choice of Milk

7

Mozzarella Cheese Stick
Blueberry Muffins
Applesauce
Choice of Milk

8

Coco Puffs
Assorted Danish
Peach Cup
Choice of Milk]

9

Apple Jacks
Banana Muffin
Fresh Orange
Choice of Milk

12

Toaster Waffles
Syrup
Apple Slices
Choice of Milk

13

Assorted Bagels
Cream Cheese / Jelly
Orange Juice
Choice of Milk

14

Cinnamon & Brown Sugar Pop Tarts
Applesauce
Hard Cooked Eggs
Choice of Milk

15

Lucky Charms Cereal
Breakfast Bar
Grape Juice
Choice of Milk

16

Cinnamon Toast Crunch
Blueberry Muffins
Sliced Apples
Choice of Milk

19

Strawberry Pop Tarts
Hard Cooked Egg
Apple Juice
Choice of Milk

20

Mozzarella Cheese Stick
Cereal Bar
Diced Peaches
Choice of Milk

21

Cinnamon Chex
Fresh Strawberries
Graham Crackers
Choice of Milk

22

Toaster Strudel
Fresh Banana
Grape Juice
Choice of Milk

23

Vanilla Yogurt
Granola
Fresh Apple
Choice of Milk

26

Blueberry Bagel
Cream Cheese
Sliced Orange
Choice of Milk

27

Trix
Breakfast Bar
Applesauce
Choice of Milk

28

Frosted Flakes
Blueberry Muffin
Sliced Apples
Choice of Milk

29

Cheerios
Cinnamon Roll
Banana
Choice of Milk

30





BREAKFAST

SEPTEMBER 2019

Scintilla Charter Academy

Monday

2

Whole Grain Cinnamon Roll
Honey Nut Cheerios
Fresh Banana
Choice of Milk

Tuesday

3

Assorted Muffins
Applesauce
Cheese Stix
Fruit Juice
Choice of Milk

Wednesday

4

Frosted Flakes
Blueberry Muffins
Applesauce
Choice of Milk

Thursday

5

Strawberry Pop tarts
Hard Cooked Eggs
Sliced Apples
Choice of Milk

Friday

6

Toaster Strudels
Frosted Flakes
Banana
Choice of Milk

9

Assorted Cereal
Bagels / Cream Cheese
Fresh Orange
Choice of Milk

10

Toaster Waffles
Syrup
Apple Sliced
Choice of Milk

11

Cinnamon Toast Crunch
Animal Crackers
Grape Juice
Choice of Milk

12

Cereal Bars
Cheese Stix
Fresh Apples
Choice of Milk

13

Cheerios
Fresh Strawberries
Assorted Danish
Choice of Milk

16

Strawberry Yogurt
Granola
Peach Cup
Choice of Milk

17

Cinnamon Brown Sugar Pop tarts
Assorted Cereal
Fresh Apple
Choice of Milk

18

Blueberry Bagels/ Cream Cheese
Hard Cooked Egg
Fresh Banana
Choice of Milk

19

Trix
Assorted Danish
Apple Juice
Choice of Milk

20

Assorted Cereals
Banana Muffins
Applesauce
Choice of Milk

23

Lucky Charms
Assorted Danish
Fresh Apple
Choice of Milk

24

Mozzarella Cheese Stix
Cereal Bar
Fresh Banana
Choice of Milk

25

Strawberry Pop tarts
Hard Cooked Egg
Orange Juice
Choice of Milk

26

Toaster Waffles
Syrup
Fresh Apple
Choice of Milk

27

Assorted Cereals
Blueberry Muffin
Fresh Orange
Choice of Milk

30

Assorted Bagels
Cream Cheese
Applesauce
Choice of Milk

